

Name \_\_\_\_\_ Date \_\_\_\_\_

Date of Birth \_\_\_\_\_ Date of **last eye exam** \_\_\_\_\_

List all medications you currently take (Rx and over-the-counter). \_\_\_\_\_

Do you have allergies to any medications? **YES NO**

If **YES**, list the medications. \_\_\_\_\_

List all major illnesses (glaucoma, diabetes, high blood pressure, heart attack, etc.) or injuries (concussion, etc.).

List any surgeries you have had (cataract, appendectomy, etc.).

**Do you currently have any problems in the following areas? If YES, please provide additional information.**

|   | YES | NO | DETAILS |
|---|-----|----|---------|
| <b>EYES</b> (poor vision, eye pain, tearing, redness)   |     |    |         |
| <b>GENERAL/CONSTITUTIONAL</b> (fever, heat stroke, weight loss, weight gain, unusually tired)             |     |    |         |
| <b>EARS, NOSE, THROAT</b> (hard of hearing, stuffy nose, earache, cough, dry mouth, etc.)                 |     |    |         |
| <b>CARDIOVASCULAR</b> (high BP, racing pulse, etc.)   |     |    |         |
| <b>RESPIRATORY</b> (congestion, wheezing, short of breath, etc.)  |     |    |         |
| <b>GASTROINTESTINAL</b> (stomach upset, diarrhea, constipation, hernia, ulcers, etc.)                     |     |    |         |
| <b>GENITAL, KIDNEY, BLADDER</b> (painful urination, frequent urination, impotence, yellow jaundice, etc.) |     |    |         |
| <b>FEMALES</b> Are you pregnant? Nursing?   |     |    |         |
| <b>MUSCLES, BONES, JOINTS</b> (joint pain, stiffness, swelling, cramps, arthritis, etc.)                  |     |    |         |
| <b>SKIN</b> (Pimples, warts, growths, rash, etc.)   |     |    |         |
| <b>NEUROLOGICAL</b> (numbness, headache, seizures, paralysis, etc.)                                       |     |    |         |
| <b>PSYCHIATRIC</b> (Anxiety, depression, insomnia)  |     |    |         |
| <b>ENDOCRINE</b> (Diabetes, hypothyroid, etc.)  |     |    |         |
| <b>BLOOD LYMPH</b> (bleeding, cholesterolemia, anemia, problems related to blood transfusion, etc.)       |     |    |         |
| <b>ALLERGIC/IMMUNOLOGIC</b> (sneezing, swelling, redness, itching, hives, Lupus, etc.)                    |     |    |         |

**FAMILY HISTORY (Mother, Father, Grandparent, Sibling)**

Has any member of your family had these diseases (circle all that apply)? **YES NO UNKNOWN**

**Blindness, Cataracts, Glaucoma, Diabetes, Hypertension, Heart Disease, Stroke, Cancer, Thyroid Disease, Arthritis,**  
Other: \_\_\_\_\_

**SOCIAL HISTORY**

Does your vision limit any activities of daily living (driving, reading, sports, work, etc.)?..... **YES NO**

Have you ever had a blood transfusion?..... **YES NO**

Do you drink alcohol?..... **YES NO** If YES, how much? \_\_\_\_\_

Do you smoke?..... **YES NO** If YES, how much? \_\_\_\_\_ How many years? \_\_\_\_\_

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Date



# MONTEREY BAY EYE CENTER

## REFRACTION POLICY

One of the most important parts of your eye exam is the refraction service. This is the test that we perform with you looking at an eye chart through multiple sets of lenses, until we find the glasses or contact prescription that allows you to see optimally. Refraction also provides us with important information about the function of your eyes and may alert us to any problems that are related to a decrease in visual acuity.

Unfortunately, medical insurances do **NOT** cover this service as they have determined that it is not "medically" necessary. However, if you have vision insurance that covers this service (such as Tricare Prime or Vision Service Plan-VSP), the refraction **IS** a covered service. Please check with your insurance carrier for eligibility and benefits information (Copays may apply).

Our fee for refraction is **\$60.00**, and unless you have vision insurance that covers the refraction charge, this fee is **due at the time of service** in addition to any co-payment your plan requires.

Please select and sign below:

**Yes, I consent to receive the refraction service.** I accept full financial responsibility for the cost if I do not have vision insurance that covers this.

**No, I decline to receive the refraction service.** I understand that the doctor may not be able to fully access the health and function of my eyes.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Contact lenses are considered medical devices, and as such require measurements and evaluation for appropriate fitting, and training by an eye care professional. For current contact lens wearers, it is important that your contact lenses are evaluated annually to ensure that your vision and eye health with the contact lenses are optimized in order to renew your contact lens prescription. Contact lens evaluation for proper fitting requires additional time and measurements. A fee for this service, which is not part of your medical eye exam, will be applied based on the complexity of your prescription.

- I would like contact services, and I have read and understand the above Contact Lens Fitting and Evaluation Policy.
  
- I decline contact lens services.

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Patient/Guardian's Signature

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Date

# MONTEREY BAY EYE CENTER

## No-Show/Cancellation Policy

Quality Care for our patients is our priority. Please take a few minutes to review our no-show policy and sign the bottom of the form. If you have any questions please let us know.

### Definition of a "No-Show" Appointment

Monterey Bay Eye Center defines a "No-Show" appointment in which the patient either:

- Does not arrive to the appointment
- Cancels with less than 24 hours (1 business day) notice
- Arrives more than 10 minutes late and is consequently unable to be seen

### Impact of a "No-Show" Appointment

"No-Show" appointments have a significant negative impact on our practice and the healthcare we provide to our patients. When a patient "no-shows" a scheduled appointment it:

- ⇒ Potentially jeopardizes the health of the "no showing" patient
- ⇒ Is unfair (and frustrating) to other patients that would have taken the appointment slot
- ⇒ Disrespects not only the provider's time, but also the time of the entire clinic staff

### How to Avoid Getting a "No-Show"

1. **Confirm** your appointment
2. **Arrive 10-15 minutes early**
3. **Give 24 hours' notice** to cancel appointment

## 1. Appointment Confirmation

Monterey Bay Eye Center will attempt to contact you two business days before your scheduled appointment to confirm your visit. If we are unable to speak with you and have to leave a message, you will have to call Monterey Bay Eye Center to change/cancel your appointment if necessary. your appointment Office Phone Number: 831-372-1500.

## 2. Always Arrive 10-15 Minutes Early

When you schedule an office visit with us, we expect you to arrive 10-15 minutes prior to your scheduled visit. This allows time for you and our staff to address any insurance or billing questions and or to complete any necessary paperwork before the scheduled visit. Please allow time for parking, at times our lot can be congested enough to make you late to your appointment.

## 3. Give 24 Hours' Notice if you Need to Cancel

When you need to reschedule/cancel your appointment, we expect you to contact our office no later than 24 hours before your scheduled visit. This allows reasonable time to determine the most appropriate way to reschedule your care as well as giving us the opportunity to rebook a now vacant appointment slot with another patient. If it is less than 24 hours before your appointment and something comes up, please give us a courtesy call.

### Consequences of "No-Show" Appointments

1. **Patient will be charged a \$45.00 for every "No Show"**
2. If you miss 3 or more appointments within 1 year you may be dismissed from our practice. Patient dismissal is at the discretion of your provider.

I have read and understand Monterey Bay Eye Center's No-Show/Cancellation Policy and understand my responsibility to plan appointments accordingly and notify Monterey Bay Eye Center appropriately if I have difficulty keeping my scheduled appointment.

\_\_\_\_\_  
PATIENT NAME (PRINT)

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PATIENT SIGNATURE OR PARENT/GUAURDIAN IF MINOR

Patient Name: \_\_\_\_\_

**Optional Screening PHOTOS Of The Inside Of Your Eyes**

An exam of the retina (the inner lining of your eyes) can lead to early detection of common eye diseases, as well as **signs of other diseases including hypertension, diabetes, and even brain tumors.** Unfortunately, patients may experience some discomfort during the exam which involves dilated pupils and a bright exam-light.

Optional screening photos offer several advantages:

1. Painlessly captures retinal images in just a few seconds.
2. Reduced amount of time and light that the doctor needs for examination because the Screening photo directs the doctor where to concentrate.
3. Usually start with weaker dilating drops; sometimes stronger drops may be required.
4. The **camera** produces stable **wide field** high resolution **photos** which your doctor Required.
5. The images become part of your medical record, enabling your doctor to make important comparisons if problems show up in the future.

Because this is considered a screening examination,

It is **NOT COVERED** by health insurance.

If it is within your budget, we recommend these photos to enhance the effectiveness and comfort of your eye exam.

- I choose screening digital retina photos **COST \$75.00**
- I choose traditional dilated retinal exam (usually covered by medical insurance, except for usual deductibles and co-pays)

Patient Initials: \_\_\_\_\_

Date: \_\_\_\_\_